

Glen's Goodies

May 2026



Ted Lasso Returns In August

- The Apple TV hit show Ted Lasso will return with its 4th season on August 5th. Once again, it will star Jason Sudeikis as an American soccer coach in England. This time around he will be coaching a women's team.
- It's been 3 years since season 3 ended in May 2023.
- The idea of the show came from a 2013 television commercial series for NBC Sports promoting their coverage of the Premier League, in which Sudeikis(Lasso) is depicted as the new head coach of Tottenham Hotspur



Ophthalmologist uses Vision Pro in cataract surgery

- A New York ophthalmologist, Dr. Eric Rosenberg, became the first surgeon to perform cataract surgery using the Apple Vision Pro. The first procedure took place in October 2025 and has since been repeated hundreds of times, showing the approach is scalable and practical.
- The surgery uses a mixed-reality platform called ScopeXR, which Rosenberg co-developed. ScopeXR integrates with existing surgical equipment (like 3D microscopes) and streams real-time imaging directly into the headset.
- The surgeon sees the operating field in immersive 3D along with overlays of patient data and diagnostics—without looking away from the procedure.
- A major benefit is remote collaboration: other surgeons can join virtually and see exactly what the operating doctor sees in real time. This could improve training, allow expert guidance during complex cases, and expand access to top-level surgical expertise globally.



iPods Are Making A Comeback Thanks To Gen Z

- Old Apple iPod devices are making a comeback, especially among Gen Z, even though Apple discontinued them in 2022.
- A key reason is a “loophole”. iPods don’t connect to the internet, so they’re allowed in places (like schools) where smartphones are banned.



- Gen Z likes that iPods are distraction-free—no notifications, apps, or social media interruptions. And they like owning and controlling their music instead of relying on streaming services.
- Demand for secondhand iPods are rising since it’s hard to find new iPods anymore.

Original Mac Can Sell for Thousands

- The Macintosh 128K—Apple’s first mass-market Mac—is now a sought-after collector’s item, with values ranging widely based on condition and completeness. Top-tier units (fully working and including original box, manuals, keyboard, mouse, and disks) can reach \$7,000–\$8,000+ at auction, especially if they’re well-preserved.
- Mid-range examples (working but missing packaging or some accessories) typically sell for \$3,000–\$4,500, while non-working or heavily worn units can fall below \$1,000.
- Even individual components (like original keyboards, software disks, and manuals) can sell separately for meaningful amounts, reflecting strong niche demand in the vintage tech market. An original Macintosh keyboard goes for between \$120 and \$170, while software like MacWrite and MacPaint runs nearly \$200. Even the original instruction manual can be found for between \$60 to \$125.



This is how long Apple really supports iPhones

- Phones typically receive major iOS updates for about 5–7 years after release, though Apple doesn't officially guarantee a fixed timeline.
- Security updates last longer—around 7–8 years total, and in some cases even older devices still get occasional patches beyond that.
- Real-world examples: the iPhone 11 (2019) still supports the latest iOS today, while newer models (like iPhone 15) could be supported into the mid-2030s.
- Apple has even pushed limited updates to very old devices—like the 12-year-old iPhone 5s receiving a 2026 update, showing unusually long support.
- Hardware support also follows a timeline: repairs are typically available for 5–7 years, after which devices become “vintage” or “obsolete,” with limited parts and service.

Homebridge 2.0 lets more smart devices work with Apple Home

What Homebridge is

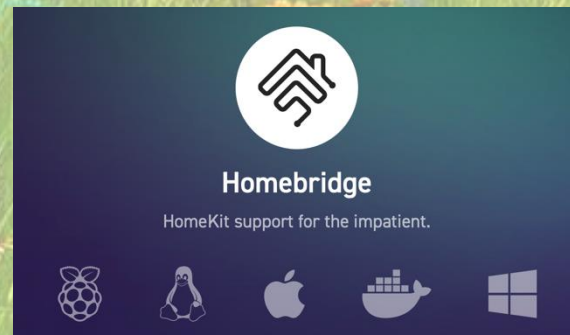
- It's a free, open-source tool that lets smart devices not officially supported by Apple work inside the Apple Home app. It is a Mac app.
- It acts as a bridge, translating between different smart-home systems so everything can appear in one place.
- Example: a device that normally only works with Alexa or Google can show up in Apple Home.

What Homebridge 2.0 adds

- Introduces support for Matter, a new universal smart-home standard

Why this matters

- Matter is designed to make smart-home devices work across platforms like Apple, Google, and Amazon.



<https://homebridge.io>

connect Apple Watch to a treadmill

You can connect your Apple Watch to exercise equipment to record more accurate health data inside the Fitness and Health apps on your iPhone.

Here's how you do this:

1. Turn on 'Detect Gym Equipment' in Settings:
Settings > Workout > Detect Gym Equipment



2. Sync with gym cardio equipment



Your Apple Watch will pair with exercise machines, including:
treadmills, stationary bikes, ellipticals, rowing machines, and StairMasters

-With the screen facing the gym equipment, hold your Apple Watch next to the contactless reader. It should be marked with an icon or "Connects to Apple Watch."

-A tap and beep tells you the equipment has paired to your watch.

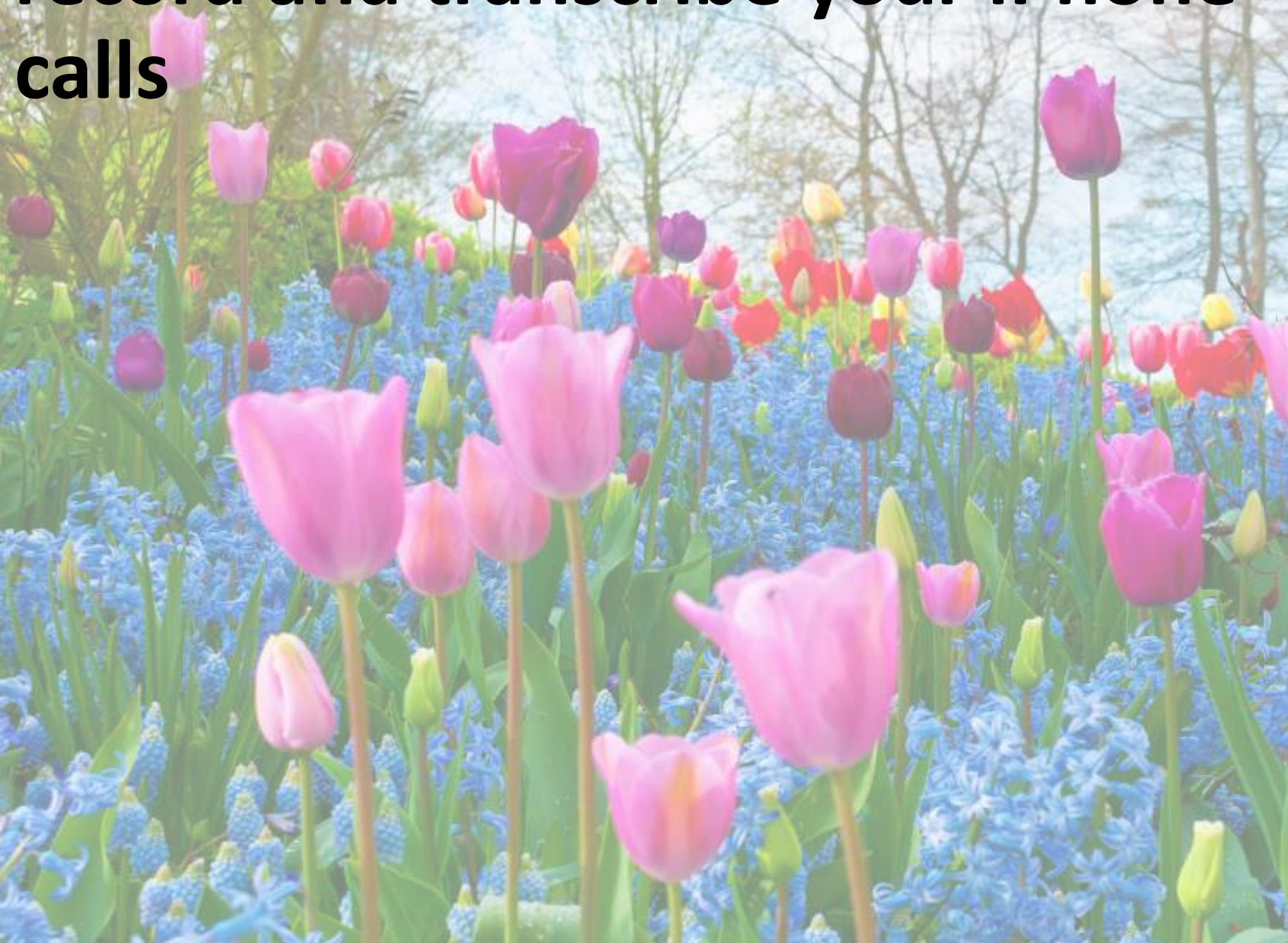
connect Apple Watch to a treadmill

3. Press Start on the GYM equipment



Once you start the workout on the gym equipment, your Apple Watch will automatically begin logging a workout. Data will also sync to the Fitness app on your iPhone and the Activity app on your Apple Watch.

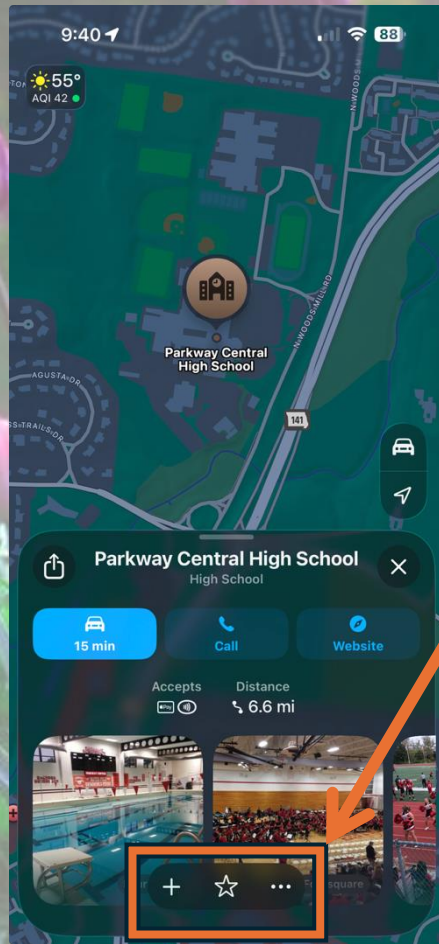
record and transcribe your iPhone calls



Apple Maps has a hidden notes interface

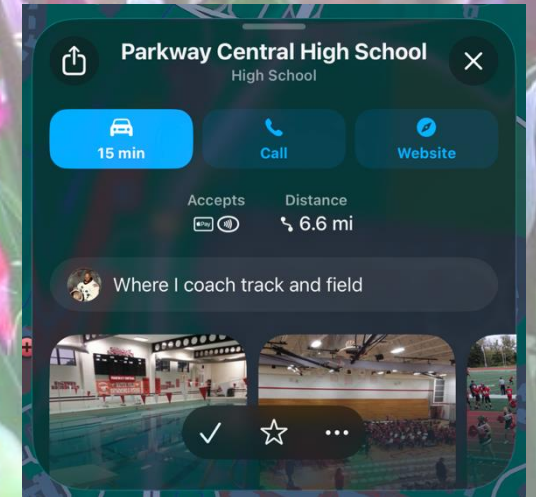
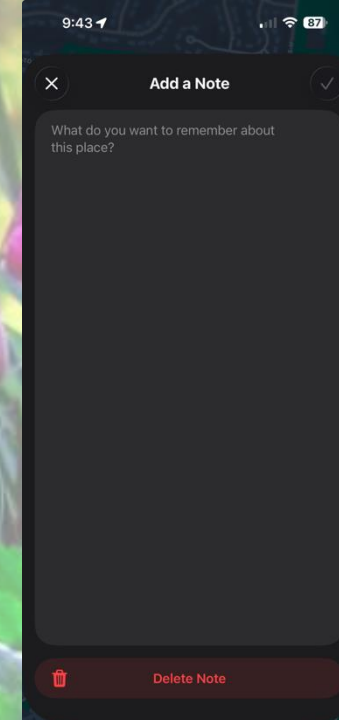
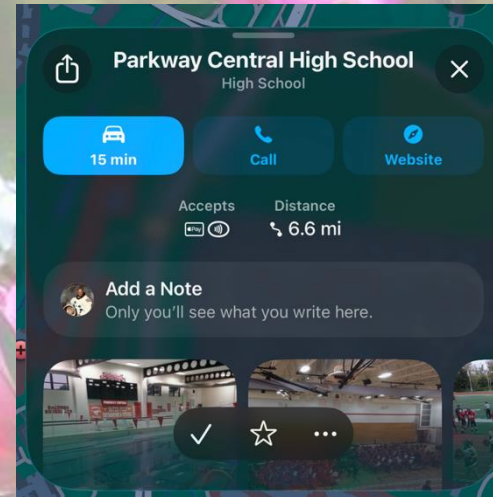
With iOS 18 and 26, Apple Maps now has a feature that allows you to add notes to your saved locations.

1. To add a note, do a search for a location.



2. When the location comes up you will notice a little 3 item menu at the bottom of the screen containing a plus, star, and 3 dots. Press the "+" to add the location to saved places.

3. Now you will see the "Add a Note" field added.





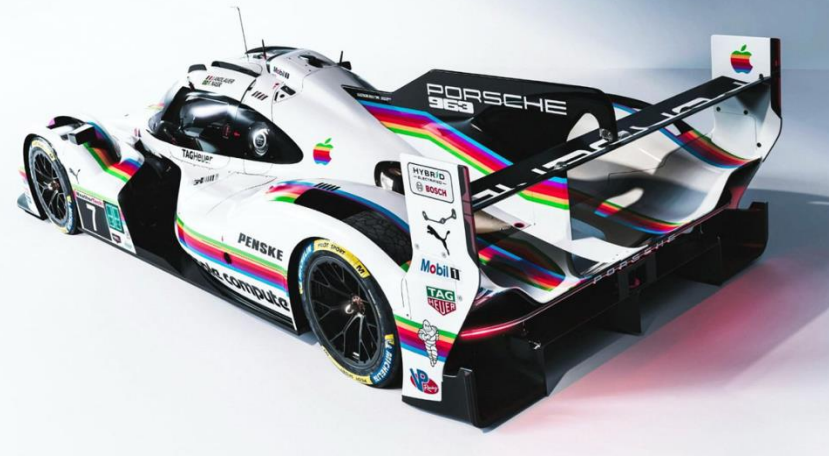
iMessage Formatting and Effects

How to use Messages Effects



Apple and Porsche

As we know, Apple recently celebrated its 50th anniversary, but Porsche is also celebrating an anniversary-its 75th. The two companies got together to collaborate their anniversaries. Porsche recently raced two Porsche 963s that were outfitted with an Apple Computer themed livery at the IMSA WeatherTech SportsCar Championship at Laguna Seca on on Sunday, May 3. The Laguna Seca Raceway is a legendary track that is located 80 miles south of the Apple Park campus.



Porsche USA and Porsche Motorsport North America
Ad · 🌐

The iconic Apple livery is back at Laguna Seca.
One more race.
IMSA 1-3 May 2026.

Two garage projects on one track.



Laguna Seca
IMSA 1-3 May 2026

IMSA WeatherTech SportsCar Championship [Learn more](#)

The two cars driven by Porsche Penske Motorsport finished 6th and 7th.

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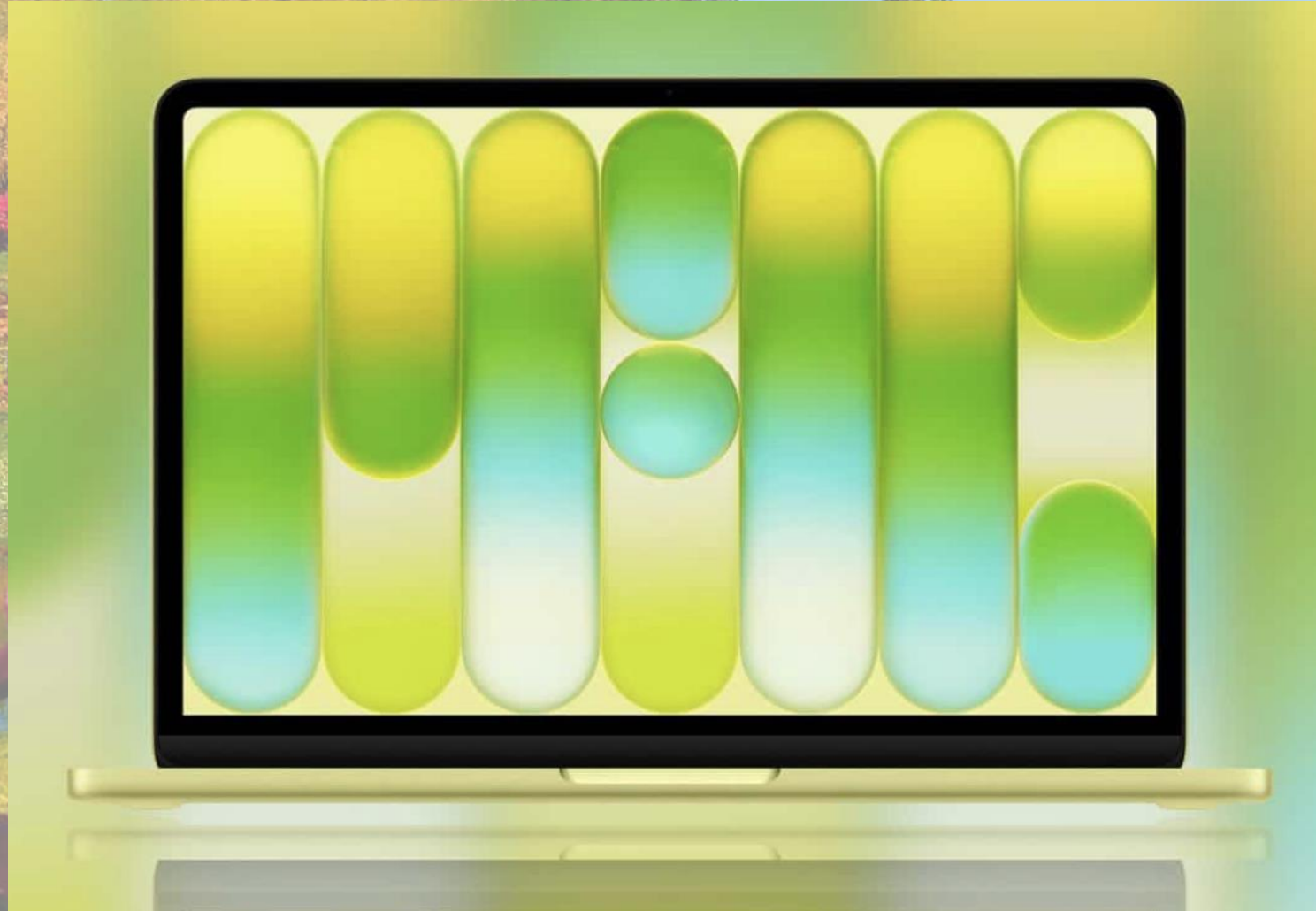
Apple and Porsche Celebrate!

This isn't the first time the two companies have collaborated. The first time was at the 24 Hours of Le Mans in 1980 when the Apple Computer livery was painted on a 935 K3. The Dick Barbour Racing team car won the IMSA class and finished 5th overall.



MacBook NEO Easter Egg

Who can spot the Easter egg?



The screen background spells M-A-C

Dwarf Mini smart telescope

The Dwarf Mini smart telescope from DwarfLab works with your iPhone to take astronomy photographs and video.



[Click to see full view](#)



DWARFLAB Dwarf Mini Smart Telescope - 1.85lb Ultra-Portable Astronomy Telescope for Astrophotography with Built-in Filters, Auto GOTO, AZ/EQ Mode and Cloud Processing, Ideal for All Ages

Brand: DWARFLAB

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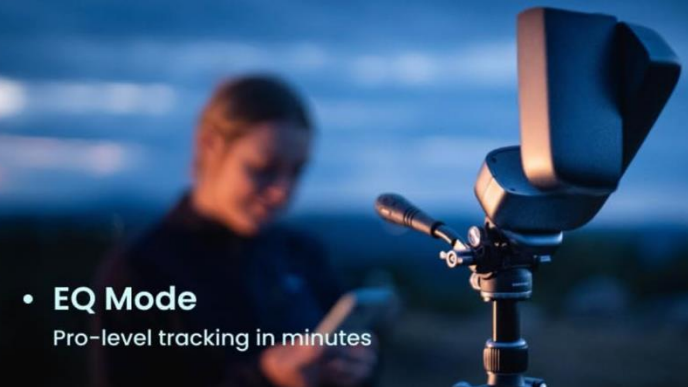
FREE Returns

Brand	DWARFLAB
Model Name	Dwarf Mini
Objective Lens Diameter	30 millimeters
Telescope Mount Description	Altazimuth and Equatorial Mount
Product Dimensions	2.39"D x 3.95"W x 7.23"H

From Novice to Pro in Seconds



- **Sky Finder & Atlas**
Targeting made simple



- **EQ Mode**
Pro-level tracking in minutes